

Community Activity – Tuesday, January 26, 2016  
Facilitated by Fran Hewitt, K/1 Teacher

Today's concept is **perseverance**! What does perseverance look like? How does one's mindset affect the ability to persevere? Perseverance is following through on a task despite challenges that appear. Having a "can do" attitude and positive belief that despite frustrations, I will accomplish this task helps one persevere!

Part 1: In the gym, the children will participate in a team relay race to "test" how individual perseverance affects a group.

Process: Divide the large group into smaller groups of 6-8 children. A series of tasks will be set up for each member of the group to complete. The team that completes all of the tasks wins. (20 minutes)

Part 2: In our snack rooms, we will focus on individual perseverance and then compare persevering alone vs in a group.

A). Complete the "I can..." sheet. Please help kindergarteners write their answers. (10 minutes) Collect sheets and give to Fran.

B). Discussion questions. (10 minutes)

\*How do you persevere when you are frustrated?

\*How do mistakes affect your attitude?

\*How do you feel about trying "new" activities that challenge your abilities?

\*How does your attitude affect your effort when you are facing a difficult situation?

\*How does the success of others affect your ability to complete a task?

C). Complete "How Many Squares?" worksheet individually to examine each child's perseverance. (10 minutes) How determined were you? Did you give up after several minutes? Did you turn to others around you for answers?

Final discussion: How did you persevere in a group vs. individually? (10 minutes)

Name \_\_\_\_\_

**Complete the “I can” statements with things that you are able to do. For example: I can draw a dog.**

**Complete the “I can’t \_\_\_\_\_ yet” statement.**

**Please do not use the example for one of your responses.**

**Think carefully about your own abilities and accomplishments.**

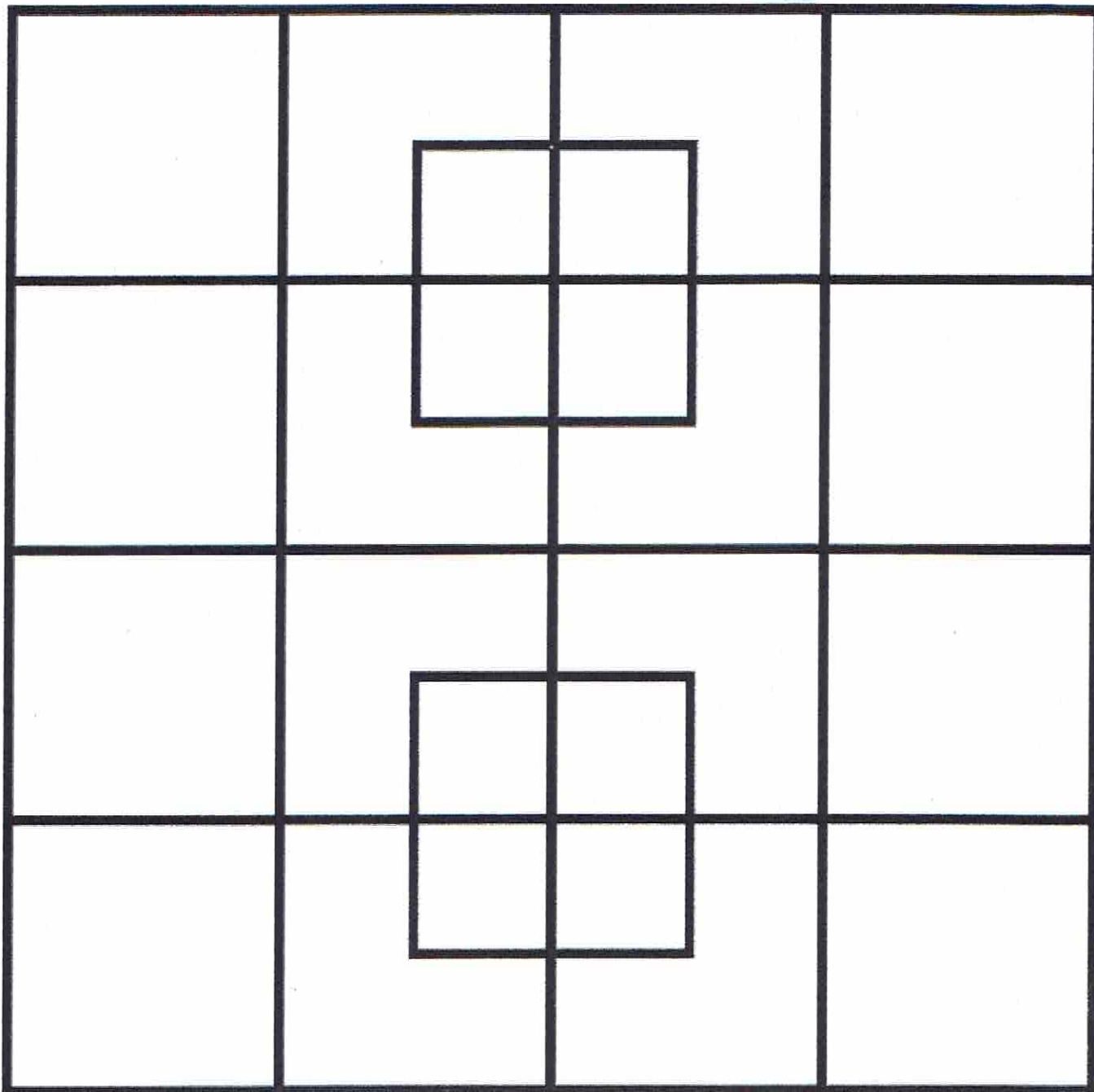
**I can \_\_\_\_\_.**

**I can \_\_\_\_\_.**

**I can \_\_\_\_\_.**

**I can’t \_\_\_\_\_ **YET!****

# HOW MANY SQUARES?



*I found \_\_\_\_\_ squares.*

# I have a **GROWTH MINDSET!**

