



## EAST COAST MOBILE GYMNASTICS OFFERS CLASSES AT

## **BOWEN AFTERSCHOOL CARE PROGRAM**

EAST COAST MOBILE GYMNASTICS OFFERS YOUR CHILD THE FINEST SPECIALIZED GYMNASTICS TRAINING AVAILABLE FOR BOYS AND GIRLS. THE OLYMPIC GYMNASTICS EVENTS ARE TAUGHT: VAULTING, BARS, BALANCE BEAM, AND TUMBLING. PRE-SCHOOL CLASSES ALSO LEARN LOCOMOTOR SKILLS FOR THE DEVELOPMENT AND IMPROVEMENT OF GENERAL COORDINATION. WHILE LEARNING THESE PHYSICAL SKILLS, CHILDREN ARE DEVELOPING SELF CONFIDENCE AND INDEPENDENCE. CLASSES ARE FOR CHILDREN 2 THROUGH 10 YRS OF AGE. THERE IS A MAXIMUM OF 16 STUDENTS TO 2 INSTRUCTORS. CHILDREN ARE TAUGHT BY EXPERIENCED, PROFESSIONAL INSTRUCTORS.

CLASS TIME:TUESDAY 1:00-1:45/1:45-2:30

FEE: \$156.00 FOR 12 WEEKS

CLASSES ARE ONGOING AND CHILDREN ARE GROUPED ACCORDING TO THEIR LEVEL OF ABILITY . SKILLS ARE TAUGHT IN A PROGRESSIVE FORMAT SO THEY CAN BUILD ON PREVIOUSLY LEARNED SKILLS.

CLASSES BEGIN ON TUESDAY APRIL 3rd. REGISTRATION AND PAYMENT MUST BE SUBMITTED BEFORE CLASSES BEGIN. REGISTRATION IS ACCEPTED ON FIRST COME FIRST SERVE BASIS. CHILDREN ENROLLED IN LAST SESSION WILL WORK ON MORE ADVANCED SKILLS.

QUESTIONS ABOUT THE PROGRAM : EMAIL LINDAAWED@AOL.COM OR CALL LINDA 617-773-3968

\*STUDENTS SHOULD WEAR COMFORTABLE CLOTHING.

FEES TO :EAST COAST MOBILE GYMNASTICS